

WE'RE ALL IN THIS TOGETHER.

And we all need to do our part.

Be a good neighbour and keep  these health & safety rules in mind



Minimize noise



Respect those with respiratory illness and avoid smoking



Put trash all the way down the chute [not in the hallway]



No disinfecting wipes, paper towel or other objects down the toilet



Cover your coughs and sneezes

Wash your hands frequently



Keep a physical distance of 2 metres from others



No gathering in the lobby



No grease or oil down the drains

Only two people maximum in elevators and laundry rooms



Use hands, not feet, to push the handicap button



If self-isolating, stay in, avoid walks in the corridors or gathering in public areas

Visit [Canada.ca](https://www.canada.ca) and [who.int](https://www.who.int) for the most up-to-date COVID-19 information, and The Government of Canada's [Benefits Finder](#) for resources available to those in need.